**CT800: Week 7 Assignments**

**5 Examples for the 3 Kinds of Questions**

One System
1. When was Albert Einstein born?

2. What colour do you get when you mix red and white?

3. How fast can cheetah run?

4. What countries are in the EU?

5. What happens to water when it freezes?

No System
1. What is your dream holiday destination?

2. Do you prefer cheesecake or apple pie with your coffee?

3. Do you prefer cats or dogs?

4. What is your favorite way of relaxation?

5. If you won 1 million $, what would you buy first?

Multi-System
1. How to influence doctors to make them use natural methods of treatment?

2. Should health system be public or private?

3. Should religion be taught at schools?

4. What to do to slow down the climate change?

5. Should AI be used for media purposes?

**Key Ideas in the video**

1. Realizing that your current situation is the result of decisions you once made, so when you analyze a situation to make a decision, you are influencing your life.

2. Be wary of all “3 steps to…” solutions as they fail to see or be aware of the complexity of “decision making”.

3. Be more mindful of alternatives – those you see but don't use and those you don't see and why you can't see them now.

4. Use objective processes and thinking tools that will allow you to understand all aspects related to making an important decision - primarily Elements of Thoughts and "Intellectual Standads".

5. After analyzing through Elements of the Thought, apply Intellectual Standards to make sure the language you are using allows you to understand more.

6. End the analysis with a specific conclusion and check its implications before implementing it.

7. The key element at the beginning of the analysis is whether it is important to me at all - significance is important to me (relevance).

8. When analyzing and making decisions, I am guided by Intellectual Virtues, especially Intellectual Humility, so as not to fall into the trap of arrogance.

9. Also pay attention to other points of thinking and other arguments - do you actually see them, hear them, or accept them?

**Significant, positive implications for day-to-day life**

People very often make decisions on the spur of the moment, under the influence of strong emotions, without stopping. As a result, they often feel they have lost control over their lives and often achieve results that are opposite to those intended. The best solution to regain control over your life and a sense of agency is to change the way you make decisions. First of all - stop & think. Keeping the Intellectual Standards and Elements of Thought in mind, analyze all the elements available to you, the complexity of the decision you need to make. Forget about your egocentrism, get rid of the desire for immediate gratification. Incorporate Intellectual Virtues into your decision-making process. Stay humble and open. These "indications" for making decisions will stay with me after the course - I will consistently work on taking control of the process of making key decisions in my life.