

Module 2 Assignment

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Think of ways in the past (especially recently) that you have exhibited, to some degree, these same behaviors, thoughts, emotions, and motivations.

This activity was a bit difficult for me since I have never been in even a remotely close situation as my example. Instead, I thought about instances where I thought about my own wants and times that I chose to protect myself. Here are two cases:

- a) First case: Last week, my friend messaged me at night asking if I had a dress that I could lend to one of her friends. Her friend's order did not arrive on time, so she didn't have anything to wear for an event they were going to. I got out of bed, looked through my drawers, and found a dress that might fit the event's theme. I took a photo of it and said that this was the only one I could find. Truthfully, this was the only one I could easily find because it was what was most accessible. I chose not to look under my bed for other dresses that might have been stashed away long ago. In the end, her friend chose not to borrow the dress anyway. This was to some degree egocentric since I did not want to extend more help even though I could.
- b) Second case: A more typical example of choosing to "protect" myself and being egocentric is when I would have arguments with family members. Thankfully, this does not happen much. When I do get into some arguments, I sometimes choose not to listen to the other person and maintain that my position is correct, even though it may not be. In such cases, I believe I would act that way because I wanted to protect my beliefs and my feelings.

Identify the Impact of Group Influence

List some of the groups you believe have had the strongest impact on your thinking.

- a) Being Filipino
- b) Being part of the millennial-genz generation

Being Filipino

1. This group has influenced my thinking the following ways...
Growing up, my culture has influenced my beliefs about filial piety, representing your family, and working hard.
2. The following ideas within this group seem incompatible with one another...

- a) a) Being part of the community vs “crab mentality”. In the Filipino culture, we are taught to help and support one another, especially during rough times. In Tagalog, this is called “bayanihan”. However, another common thinking process is called “crab mentality”. A person engages in this when they pull others down because they are more successful than them. This is done through sabotaging them or simply through gossip.
 - b) Pinoy pride vs colonial mentality. Filipinos take pride in their culture whenever we see Filipinos highlighted – may that be through media, businesses, or successes. However, we also fall victim to colonial mentality, which is feeling inferior towards those who have colonized our country before. An example of this is the idea of feeling proud of our tan/morena skin, yet also selling a lot of whitening products in our stores.
 - c) “Whatever happens happens” attitude vs working hard. Although we are encouraged to work hard and do our best in everything, we also sometimes adopt a fatalist attitude, wanting to adapt to problems and issues instead of trying to solve them.
3. I would now question the following beliefs I “received” from this group...
- a) Crab mentality. It is not necessary to bring other people down.
 - b) Colonial mentality. Other cultures are not inherently superior to my own.
 - c) Fatalist attitude. We can make choices to improve our lives. Instead of adapting to problems, we can still work hard to solve them.

Being part of the Millennial-GenZ generation

1. This group has influenced my thinking the following ways...
The year I was born in is in between the Millennial and GenZ generations. Being part of this generation and the media that surrounds it has influenced my thinking that leads towards the desire to achieve, work-life balance, and being updated with technological advancements.
2. The following ideas within this group seem incompatible with one another...
 - a) Desire to achieve vs work-life balance. Achieving success at a certain age (around 20s) is something I was exposed to growing up. However, I was also exposed to the idea of “work-life balance” which could clash with the hustle for success.
 - b) Independence vs being part of the community. This generational group seems to both want to be independent yet also rely on others when needed. We want to be our “own” but also to relate with the community.

3. I would now question the following beliefs I “received” from this group...
 - a) Success need not be achieved so early in life. Success can mean different things to different people.

Write out whether and to what extent the beliefs of each group are “compatible” with one another.

One belief that is compatible between the two groups I’ve written is the belief of working hard and succeeding. Being part of a community is also a common belief. There are some beliefs that seem incompatible, such as the Filipino’s emphasis on family, independence, and a fatalist attitude.